

## HEALTH EDUCATION

WHEREAS, Major causes of death among Colorado parents, teachers, and students are due to heart disease, cancer, stroke and accidents; and

WHEREAS, It has been established that changing lifestyle habits can reduce the risk of death due to these illnesses; and

WHEREAS, Such healthy lifestyle habits can further lead to happier and more productive lives, and

WHEREAS, Healthy, long lives of all parents, teachers and students in the State of Colorado are of great concern to the State Congress of Parents, Teachers and Students; now therefore be it

RESOLVED, That the Colorado PTSA, through the Health and Welfare Commission, commit itself to alerting the parents, teachers and students of Colorado about the importance of good health and potential risks to their health; and be it further

RESOLVED, That the Colorado PTSA urge school districts to provide education about health to students and faculty with emphasis on lifestyle behaviors related to cigarette smoking, alcohol and drugs, eating habits, exercise and fitness, stress control and safety.

1981

Retired 1987; intent of the resolution is covered by Comprehensive School Health Education 1984